

Youth Support Services

Youth resources in the Northern Kentucky community provide teens with accessible, supportive services and opportunities that promote safety, personal growth, skill development, and overall well-being as they navigate adolescence.



NKY ASAP

PH: (859) 431-1077

Location: 1002 Monmouth St., Newport, KY 41071

Services: Working to reduce the prevalence of alcohol, tobacco, and other drug use among youth and adult populations in Northern Kentucky (NKY), and to help coordinate efforts among local and state agencies. NKY ASAP spans across the eight-counties of Northern Kentucky. There is also a Cincinnati, OH location.

Website: <https://nkyasap.com/>



OneQuest Health

PH: (859) 261-8768

Locations: NKY locations include Covington KY, Burlington KY and Williamstown KY

Services: Intensive Outpatient Programs (IOP) that follow a structured, trauma-informed, and evidence-based approach to therapeutic care for children, adolescents, and adults who need help recognizing, managing, and overcoming mental health and/or substance use disorders. There is also a 24/7 psychiatric residential treatment facility (PRTF).

Website: <https://onequesthealth.org/>



North Key Community Care

24/7 youth Crisis Line: (859) 331-3292

Locations: NKY Locations include Burlington KY, Covington KY and Newport KY

Services: Outpatient therapy: Individual, family, and group counseling. They will offer an intensive outpatient program for those 18 years and older, who are using alcohol and/or drugs.

Website: <https://www.northkey.org/>



Sun Behavioral Health

24/7 Crisis Care Line: (859) 600-1482

Location: 820 Dolwick Dr., Erlanger, KY 41018

Services: Navigating psychiatric, behavioral, or substance use challenges in children and adolescents can be one of the most overwhelming and emotionally challenging experiences for parents and caregivers. They offer an intensive outpatient program for those 18 years and older, who are using alcohol and/or drugs.

Website: <https://sunkentucky.com>



Family Nurturing Center

PH: (859) 525-3200

Location: 5 Spiral Drive, Suite 100 Florence KY 41042

Services: Trainings, Holistic and Wellness Services, Counseling Services, Parenting Time Visitation Services, Parenting Services and Education Services.

Website: <https://familynurture.org/>



Northern Kentucky Children's Advocacy Center (NKYCAC)

PH: (859) 442-3200

Location: 4890 Houston Rd, Florence, KY 41042

Services: Trauma-informed therapy for youth impacted by abuse and free counseling for children.

Website: <https://nkycac.org/>

DID YOU KNOW?

Finding a therapist who is the right fit for you can feel overwhelming, but you don't have to navigate the process alone. The NKYODCP website provides a step-by-step guide to help you find a therapist that meets your needs please refer to the link below for guidance and support along the way!

Please Scan the bar code below:

Website link: <https://nkyodcp.org/youth/>





Mentoring Plus

PH: (859) 982-5895

Location: 825 Washington Ave, Newport, KY 41071

Services: follows a proven methodology to help teens overcome the obstacles they face and turn them into opportunities through life coaching, spiritual guidance and family support. Youth between the ages of 13 and 21 are referred to Mentoring Plus through local juvenile justice offices, schools, or community organizations and agencies

Website: <https://mentoringplus.org/>



Ramey-Estep/ Re-Group

PH: (606) 547-4400

Location: 2901 Pigeon Roost Rd. Rush, KY 41168

Services: provides residential, outpatient, and community-based treatment for youth with substance use and mental health needs, focusing on individualized care, family involvement, and long-term recovery.

Website: <https://www.rameyestep.com/>



Specialized Alternatives for Families and Youth (SAFY) of Kentucky

PH: (859) 341-9333

Location: 2734 Chancellor Dr Suite 200, Crestview Hills, KY 41017

Services: Intensive foster care services for youth transitioning from residential care.

Website: <https://www.safy.org/>



The Ridge

PH: (859) 269-2325

Location: 3050 Rio Dosa Dr, Lexington, KY 40509

Services: Inpatient and outpatient psychiatric services including addiction.

Website: <https://ridgebhs.com/>



Children's Hospital Substance Use Recovery Program

PH: (513) 636-4748

Location: 3333 Burnet Ave., Cincinnati, OH 45229

Services: The program provides comprehensive medical care for young people ages 12 to 25 who are struggling with substance use, including opioids and fentanyl, alcohol, nicotine (cigarettes and vaping products), marijuana and cannabis products, benzodiazepines, and stimulants such as cocaine, methamphetamine, and non-prescribed prescription stimulants.

Website: <https://www.cincinnatichildrens.org/service/s/substance-use>

Accepts Kentucky Medicaid



ASAP

Ph: (513) 792-1272

Location: 9403 Kenwood Rd. Ste. C-212, Cincinnati, Ohio 45242

Services: Outpatient treatment programs for teens struggling with nicotine, alcohol, or drug use.

Website: <https://asapcincinnati.com/asap-cincinnati-building-a-legacy-of-adolescent-recovery/>

Accepts only Commercial Insurance



Talbert House

PH: (513) 281-2273

Services: Addiction and mental health services for adults and youth.

Website: <https://www.talberthouse.org/>

Accepts Kentucky Medicaid



DID YOU KNOW?

St. Elizabeth Hospice offers free grief counseling, events and support groups for children, teens and adults.

PEACE GROUP

A support group for people coping with a death resulting from substance use disorder. For more information on other services, please contact them by phone at (859) 301-4611 or email at stars@stelizabeth.com.



Activating Hope

Promoting Health in Mind, Body and Spirit. This is a community collaboration of individuals and organizations interested to address mental health concerns and prevention of suicide, particularly among youth.

For more information, please contact Lisa Anglin through email at lisa.anglin@stelizabeth.com

For more information, please visit the link to Activating Hope: <https://www.stelizabeth.com/activating-hope/>