

## Northern Kentucky Youth Resources

### **NKY ASAP**

PH: (859) 431-1077

Location: 1002 Monmouth St., Newport, KY 41071

Services: Working to reduce the prevalence of alcohol, tobacco, and other drug use among youth and adult populations in Northern Kentucky (NKY), and to help coordinate efforts among local and state agencies. NKY ASAP spans across the eight-counties of Northern Kentucky. There is also a Cincinnati, OH location.

Website: <https://nkyasap.com/>

### **OneQuest Health**

PH: (859)261-8768

Locations: NKY locations include Covington KY, Burlington KY and Williamstown KY

Services: Intensive Outpatient Programs (IOP) that follow a structured, trauma-informed, and evidence-based approach to therapeutic care for children, adolescents, and adults who need help recognizing, managing, and overcoming mental health and/or substance use disorders. There is also a 24/7 psychiatric residential treatment facility (PRTF).

Website: <https://onequesthealth.org/>

### **North Key Community Care**

24/7 youth Crisis Line: (859) 331-3292

Locations: NKY Locations include Burlington KY, Covington KY and Newport KY

Services: Outpatient therapy: Individual, family, and group counseling. They will offer an intensive outpatient program for those 18 years and older, who are using alcohol and/or drugs.

Website: <https://www.northkey.org/>

### **Sun Behavioral Health**

24/7 Crisis Care Line: (859) 600-1482

Location: 820 Dolwick Dr., Erlanger, KY 41018

Services: Navigating psychiatric, behavioral, or substance use challenges in children and adolescents can be one of the most overwhelming and emotionally challenging experiences for parents and caregivers. They offer an intensive outpatient program for those 18 years and older, who are using alcohol and/or drugs.

Website: <https://sunkentucky.com>

### **Family Nurturing Center**

PH: (859) 525-3200

Location: 5 Spiral Drive, Suite 100 Florence KY 41042

Services: Trainings, Holistic and Wellness Services, Counseling Services, Parenting Time Visitation Services, Parenting Services and Education Services.

Website: <https://familynurture.org/>

**Northern Kentucky Children's Advocacy Center (NKYCAC)**

PH: (859) 442-3200

Location: 4890 Houston Rd, Florence, KY 41042

Services: Trauma-informed therapy for youth impacted by abuse and free counseling for children.

Website: <https://nkycac.org/>

**Mentoring Plus**

PH: (859) 982-5895

Location: 825 Washington Ave, Newport, KY 41071

Services: follows a proven methodology to help teens overcome the obstacles they face and turn them into opportunities through life coaching, spiritual guidance and family support. Youth between the ages of 13 and 21 are referred to Mentoring Plus through local juvenile justice offices, schools, or community organizations and agencies

Website: <https://mentoringplus.org/>

**Specialized Alternatives for Families and Youth (SAFY) of Kentucky**

PH: 859-341-9333

Location: 2734 Chancellor Dr Suite 200, Crestview Hills, KY 41017

Services: Intensive foster care services for youth transitioning from residential care.

Website: <https://www.safy.org/>

**The Ridge**

PH: (859) 269-2325

Location: 3050 Rio Dosa Dr, Lexington, KY 40509

Services: Inpatient and outpatient psychiatric services including addiction.

Website: <https://ridgebhs.com/>

**Children's Hospital Substance Use Recovery Program**

PH:(513) 636-4748

Location: 3333 Burnet Ave., Cincinnati, OH 45229

Services: The program provides comprehensive medical care for young people ages 12 to 25 who are struggling with substance use, including opioids and fentanyl, alcohol, nicotine (cigarettes and vaping products), marijuana and cannabis products, benzodiazepines, and stimulants such as cocaine, methamphetamine, and non-prescribed prescription stimulants.

Website: <https://www.cincinnatichildrens.org/service/s/substance-use>

*Accepts Kentucky Medicaid*

**ASAP**

PH: (513) 792-1272

Location: 9403 Kenwood Rd. Ste. C-212, Cincinnati, Ohio 45242

Services: Outpatient treatment programs for teens struggling with nicotine, alcohol, or drug use.

Website: <https://asapcincinnati.com/asap-cincinnati-building-a-legacy-of-adolescent-recovery/>

*Accepts only Commercial Insurance*

### **Talbert House**

PH: (513) 281-2273

Services: Addiction and mental health services for adults and youth.

Website: <https://www.talberthouse.org/>

*Accepts Kentucky Medicaid*

### **STARS**

St. Elizabeth Hospice offers free grief counseling, events and support groups for children, teens and adults. A support group for people coping with a death resulting from substance use disorder. For more information on other services, please contact them by phone at (859) 301-4611 or email at [stars@stelizabeth.com](mailto:stars@stelizabeth.com)

### **Youth Organizations & Programs**

#### **Northern Ky Youth Association**

Address: PO Box 648 Independence, Kentucky 41051

PH: 859-982-9011

Email: [info@nkya.com](mailto:info@nkya.com)

Website: <https://www.nkya.com>

Services: Youth organization offering activities and programming for local children and teenagers. *(Contact for details on age groups and free opportunities.)*

#### **Kentucky 4-H Clubs**

Locations:

Boone County:

- 6028 Camp Ernst Road, Burlington KY
- 1824 Patrick Drive, Burlington KY
- 7111 Dixie Highway, Florence Ky
- Environmental and Nature Center; 9101 Camp Ernst Road, Union KY

Campbell County:

- 3500 Alexandria Pike, Highland Heights KY

Kenton County:

- 10990 Marshall Road, Covington KY

Website: <https://4-h.org/>

Services: Statewide youth development clubs for ages ~9-18 that focus on leadership, STEM, community service, agriculture, and life skills. Local club meetings are generally free or very low cost.

### **Commonwealth Teen Advocates (YMCA KY)**

Website: <https://www.kyymca.org/programs/>

Services: Free/low-cost teen leadership and advocacy program (may require YMCA membership or local affiliate participation).

### **YMCA of Greater Cincinnati**

Locations:

R.C. Durr YMCA

- Address: 5874 Veterans Way, Burlington, Kentucky 41005
- Phone: (859) 534-5700
- Website: <https://myy.org/location/rc-durr-ymca/>

Campbell County YMCA

- Address: 1437 S. Ft. Thomas Avenue, Fort Thomas, Kentucky 41075
- Phone: (859) 781-1814
- Website: <https://myy.org/location/campbell-county-ymca/>