



**NORTHERN KENTUCKY
OFFICE OF DRUG CONTROL POLICY**
Creating chances, creating change.

Completed	Green
In Process	Yellow
Not Applicable / Strategy changed.	Purple
Completed at One Time; needs revisiting.	Blue

Goal 1: Prevent youth and adults in northern Kentucky from developing a substance use disorder.+A9A9:D21

Objective 1: Reduce the percent of 6th, 8th, 10th, and 12th graders reporting use of alcohol, tobacco, marijuana, prescription drugs, and other drugs.

PREVENTION Strategies	Impacts	Action Steps	Lead/Reporting Agency
1. Prevent school age youth from starting to use drugs including alcohol, tobacco, and marijuana.	Arm community members (businesses, churches, schools, etc.) with prevention tools and language to create a strong consistent message throughout NKY.	1. Convene prevention partners for purposes of identifying shared goals to create consistent message.	County Prevention Coalitions, Regional Prevention Center, Northern Kentucky Cooperative Education Services
2. Assist families in a timely way as mental health and/or substance use issues are identified in school age youth.	# of at-risk youth in outreach programs	2. Expand existing outreach programs for at-risk youth.	Brighton Center
	# of TIP's established	3. Establish the Therapeutic Interagency Program (TIP) in NKY – a mental health treatment program targeting young at-risk children. ¹	Cincinnati Children's Medical Center
	# of youth served in TIP		

<p>3. Increase access to school-based engagement programs for families in NKY.</p>		<p>1. Convening partners (NKY Education Council, NKY Cooperative Extension Services, NorthKey, Northern Kentucky Strengthening Families Collaborative NKYASAP, NKU, Early Education & Prevention Partners for purposes to implement a regional Adverse Childhood Experiences (ACEs) Strategy including those with zero ACE scores that incorporates family and parenting education and outreach from K-12 based on ACEs and resiliency (e.g. PARENT model, FSU Resiliency Project).</p>	<p>Northern Kentucky Office of Drug Control Policy, St. Elizabeth Healthcare, Northern Kentucky Cooperative Education Services, Strategic Planning (NKISP)</p>
<p>4. Enhance training for all health care providers who prescribe opiates to avoid overuse.</p>	<p># of opiate prescriptions in KASPER by NKY providers</p>	<p>1. Identify and implement trainings on prescribing guidelines for opiates and alternative methods of pain management.</p> <p>2. Monitor prescribing practices in KASPER.</p>	<p>Northern Kentucky Agency for Substance Abuse Policy (NKY ASAP)</p> <p>St. Elizabeth Healthcare, St. Elizabeth Physicians</p>
<p>5. Raise patient/public awareness about the dangers of opiates; alternative pain therapies; and proper use, storage, and disposal of medications.</p>		<p>1. Develop and launch a plan to increase the knowledge of patients and the general public including strategies, materials, and methods.</p>	<p>St. Elizabeth Healthcare, The Opioid Stewardship Committee, Labor and Delivery, Spine Center, Primary Care, the Emergency Department and on 2A</p>
<p>6. Decrease the availability of illicit drugs in NKY.</p>	<p>Amount & # of drug seizures by type</p>	<p>1. Educate community members on ways to communicate tips about suspicious activity within their communities.</p>	<p>Northern Kentucky Drug Strike Force, Northern Kentucky High Intensity Drug Trafficking Area, Northern Kentucky Office of Drug Control, County Prevention Coalitions</p>

Goal 2: Reduce the number of residents of NKY who die from overdoses or become infected with HIV and Hepatitis C.

Objective 1: Reduce the rate of drug overdose deaths.

Objective 2: Stabilize the incidence of hepatitis C associated with injection drug use in NKY.

Objective 3: Stabilize the incidence of HIV associated with injection drug use in NKY.

HARM REDUCTION Strategies	Impacts	Action Steps	Lead/Reporting Agency
1. Distribute naloxone overdose reversal kits to people at risk for overdose and others in the community.	# of kits distributed.	1. Provide trainings in the use of Narcan and distribute kits to people who use prescription opiates, those with an opioid use disorder, other community members and agencies in the community and to law	Northern Kentucky Health Department, Northern Kentucky Office of Drug Control Policy, St. Elizabeth Healthcare
	# of lives saved.		
		2. Educate providers on availability of Narcan kits in community. (prescribetoprevent.org)	Northern Kentucky Health Department, Northern Kentucky Office of Drug Control Policy and QRT Teams, UK HEALING Communities grant work group
2. Track daily overdoses and alert the public to high levels.	# of 911 overdose calls in Boone, Campbell, and Kenton Counties	1. Implement the overdose surveillance system to monitor daily 911 dispatch calls and emergency department visits for overdoses to identify emerging trends and alert public, stakeholders, and first responders when threshold is reached for rapid response.	Northern Kentucky Health Department, Northern Kentucky Office of Drug Control Policy, St. Elizabeth Healthcare
	# of Emergency Department visits for overdoses		
	# of public health alerts issued	2. Enhance NKY Overdose Surveillance System to identify emerging trends for rapid response.	Northern Kentucky Health Department, Northern Kentucky Office of Drug Control Policy, St. Elizabeth Healthcare
3. Increase the availability and accessibility of comprehensive syringe services.	Syringe Access Exchange Program data	1. Implement the CDC recommendations for evidence-based syringe services programs for all counties of the NKY Health Department.	NKY Health
4. Increase access to medical services to reduce the risk of infections associated with injecting drugs.	# of providers offering PrEP to at risk patients	1. Engage health care system partners to increase access for Pre-Exposure Prophylaxis (PrEP) and Hepatitis A and B vaccines, using the CDC guidelines as the standard of care.	Northern Kentucky Health Department
	# of providers offering patients with history of injection drug use tests for HIV and Hepatitis C and Hepatitis A & B vaccination	2. Expand testing and linkage to treatment for HIV and Hepatitis C infections.	Northern Kentucky Health Department
	# of people with HIV in case management.	3. Increase knowledge of and access to HIV Case Management.	Northern Kentucky Health Department
	# of people with Hepatitis C linked to care.	4. Establish systems to coordinate care between patients with substance use disorders and HIV/Hepatitis C care.	Northern Kentucky Health Department NKY ASAP Treatment Providers Collaborative St. Elizabeth Healthcare

		5. Increase # of beds at hospital facilities and expanding MAT services to patients during their stay	St. Elizabeth Healthcare
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Goal 3: Expand the availability and accessibility of effective treatment services for residents of NKY with substance use disorders and mental health issues.

Objective 1: Increase the number of NKY residents who are assessed and enter a treatment program (e.g. inpatient, intensive outpatient, etc.) through all sources, broken down by category: NKY Helpline; QRT/ Per-Arrest Diversion referrals; Emergency Department Overdose referrals and placement through the Bridge Clinic; Mental Health/Drug Court placement; Casey 's Law Petitions; Syringe Access Exchange Programs.

Objective 2: Increase the number of NKY residents who complete a treatment program and transition to recovery services through all sources, broken down by the same categories above.

Objective 3: Decrease the rate of neonatal abstinence syndrome infants born per year at St. Elizabeth Healthcare from 2.2% to 1.9% by 2021.

TREATMENT Strategies	Impacts	Action Steps	Lead/Reporting Agency
1. Promote the NKY Helpline to facilitate access to treatment and remission services as well as strengthening partnerships between medical providers and social services.	# of calls per month by zip code	1. Establish Helpline as a touch point to manage callers who request assistance with accessing treatment and remission services acting as a treatment concierge, utilizing warm hand-offs and targeted referrals.	Northern Kentucky Office of Drug Control Policy
	# of calls per month referred into treatment by zip code		
2. Remove barriers to accessing treatment in a timely way.		2. Develop and implement media/marketing campaign to raise awareness of helpline services.	Northern Kentucky Health Department, Northern Kentucky Office of Drug Control Policy
	# of new insured individuals	1. Expand access to insurance navigators and Medicaid assistors in the community by routing uninsured community members to NKY Helpline.	Community Action Commission NorthKey Community Care Northern Kentucky Office of Drug Control Policy
	# of agencies using standard assessment tool	2. Convene partners in order to establish a standard pre-screening tool, referral process, and communication protocols for all agencies to use in NKY.	NKY ASAP Treatment Providers Collaborative St. Elizabeth Healthcare Northern Kentucky University Northern Kentucky Office of Drug Control Policy
	# of trainings provided	3. Develop community training in order to provide training to criminal justice partners and problem-solving court staff (e.g. law enforcement, judges, probation, detention center staff, etc.) to engage with people who have substance use and/or mental health issues in an effort to effectively connect them with services - a paradigm shift to health and safety using the Rutgers University model.	Northern Kentucky University
	# of people trained by category		NKY Office of Drug Control Policy

3. Expand the availability of diversion programs and deflection to community-based services in NKY to help people achieve healthier lives and reduce incarceration by directing individuals to a range of coordinated health and social services.	# of local CIT trainings	1. Increase CIT training availability for NKY law enforcement agencies.	NorthKey, MHA, Northern Kentucky Office of Drug Control Policy
	# of jurisdictions covered with PAD outreach programs	1. Increase the # of treatment connections through diversion programs in NKY as well as referral to NKY diversion programs.	Northern Kentucky Office of Drug Control Policy
	# of persons assisted		Northern Kentucky University
	# of referrals for service by service category		Kenton County Detention Center, Life Learning Center
	# of jurisdictions with social workers on staff		Alexandria Police Department
			Interact for Health
			NorthKey
		Northern Kentucky Drug Strikeforce	
	# of meetings convened	2. Establish healthcare advocacy advisory council for justice involved individuals.	Northern Kentucky Office of Drug Control Policy Board
	QRT tool-kit completed	3. Expand QRT to include mental health outreach by creating mental health protocol by moving QRT to CIT framework.	Northern Kentucky Office of Drug Control Policy, Alexandria Police Department, NorthKey Community Care, Mental Health America of SWOHKY
Mental Health Tool-Kit for first responders completed	4. Hire a multi-jurisdictional police social worker to provide services for substance use and mental health issues among other social issues as well as developing a cost-saving and community-based integrated law enforcement model.	Northern Kentucky Office of Drug Control Policy, Alexandria Police Department, NorthKey	
4. Expand detoxification service options in NKY.	# of detoxification slots (filled and unfilled) in NKY	1. Create a work plan with the NKY treatment providers collaborative to increase options for medically assisted, and/or co-occurring detoxification services.	Northern Kentucky Office of Drug Control Policy, NKY ASAP Treatment Providers Collaborative, SUN Behavioral Health
5. Expand access to inpatient treatment in NKY.	# of inpatient beds in NKY (filled and unfilled) # of inpatient beds with MAT (filled and unfilled)	1. Develop plan to continue education for MAT in all treatment setting including res. treatment facilities that currently do not provide such therapy as well as identifying gaps in service delivery after hours.	NKY ASAP Treatment Providers Collaborative

6. Expand access to evidence-based outpatient treatment services.	# of outpatient slots in agencies that provide MAT	1. Educate 12-step programs and other groups on MAT.	Community Recovery Centers
	Total # of outpatient slots in NKY		
		2. Increase the # of agencies that provide medication-assisted therapy (MAT) in outpatient treatment.	NorthKey Community Care
			NKY ASAP Treatment Providers Collaborative
		3. Increase the # of health care providers with a waiver for MAT who are prescribing MAT to patients.	St. Elizabeth Healthcare
			St. Elizabeth Physicians
			Health Point
		4. Design and implement a telemedicine option for outpatient treatment that includes MAT.	St. Elizabeth Healthcare
			St. Elizabeth Physicians
		5. Evaluate the feasibility of establishing mobile treatment services that include MAT.	St. Elizabeth Healthcare
			St. Elizabeth Physicians
		6. Increase the number of peer support specialists available to assist people in treatment engagement.	Mental Health of America
			NorthKey
			Northern Kentucky University
	7. Expand Journey Recovery Center to 2-3 more locations in other counties.	St. Elizabeth Healthcare	
7. Increase access to evidence-based treatment through the criminal justice system through problem-solving courts and JSAP programs	# of persons completing treatment in NKY jails by gender and county jail	1. Work with NKY problem-solving courts to educate judicial judges on NKY to evidence-based, trauma-informed practices, including medication-assisted therapy.	Northern Kentucky Office of Drug Control Policy, Life Learning Center, Drug Courts, Prosecutor's Office, Probation and Parole
	# of persons completing drug court by county		
8. Expand access to evidence-based treatment for populations with special needs such as pregnant women, families, youth, Spanish-speaking and people with a dual diagnosis of mental health/substance use disorders.	# of neonatal abstinence syndrome infants born in NKY	1. Implement the Regional Strategic Plan for Pregnant Women with Substance Use Disorders.	St. Elizabeth Healthcare
			NorthKey
			Transitions
		2. Establish a problem-solving court pilot based on the evidence-based model aimed at addressing the needs of families while taking a family-centered approach to treatment.	Kenton County Family Court
		3. Continue to convene Activating Hope to address underlying mental health issues.	St. Elizabeth Healthcare
		4. Identify and partner with ESL stakeholders.	Northern Kentucky Office of Drug Control Policy

9. Create strong advocate voice to bring legislative ideas to Frankfort.	# of meetings with legislators	1. Build upon NKY advocacy efforts by encouraging stakeholders to engage with policy initiatives.	Northern Kentucky Office of Drug Control Policy, NKY ASAP, Northern Kentucky Workforce Investment Board, Northern Kentucky Chamber of Commerce, Regional Alliance. St. Elizabeth Healthcare.
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Goal 4: Create a system of support services for people who are striving to manage their substance use disorder in order to work, learn, live, and participate fully in their communities.

RECOVERY Strategies	Impacts	Action Steps	Lead/Reporting Agency
1. Reduce the stigma associated with having a substance use disorder.	# of We Care Kits distributed	1. Create and deploy a communication campaign to eliminate stigmatizing language and change attitudes and perceptions about people with substance use disorders. Combine with NKY Addiction Helpline relaunch and "We Care Kit" marketing plan.	Northern Kentucky Office of Drug Control Policy, St. Elizabeth Healthcare
		2. Conduct pre and post plan surveys before and after of distribution and helpline relaunch.	County Prevention Coalitions, Northern Kentucky University
2. Formally transition people completing treatment programs (including jail-based treatment programs) to community based recovery services.	# of jails and providers using the standardized checklist	1. Create and deploy a standardized remission management checklist for all jails and providers to use with all people in treatment prior to discharge/release.	Northern Kentucky Office of Drug Control Policy, Boone County Detentions Center, Campbell County Detention Center, Kenton County Detention Center, Kentucky St. Elizabeth Healthcare, Life Learning Center
	# of people with treatment and retention plans	2. Convene partners to implement a treatment engagement and retention plan with specific community supports and connection with peers, a remission network, and a recovery coach for each person discharged from treatment (e.g. jail, inpatient, and outpatient). Plan will be based on the LA County/San Francisco model.	NKY ASAP Treatment Providers Collaborative
			St. Elizabeth Healthcare
			Transitions, Inc.
# of We Care kits distributed	3. Provide "We Care" kits to all people transitioning out of treatment and make the kits available at all social service agencies in NKY.	Brighton Center	
		4. Establish a system of community health workers to assist people re-entering the community to connect with needed support services.	Kenton Co. Detention Center
			Campbell Co. Detention Center
			Northern Kentucky Office of Drug Control Policy
	# of people assisted by community health workers		Northern Kentucky Office of Drug Control Policy
			Northern Kentucky University

	# of people connected to services from reentry pilot	5. Partner with Campbell County Detention Center to develop and implement a reentry jail program.	Northern Kentucky Office of Drug Control Policy, Campbell County Detention Center, Life Learning Center
3. Establish a NKY re-entry pipeline or Network to assist people in recovery and their families with job training, career development.	# of clients using the Kentucky Career Center for reentry	1. Establish and promote central pipeline through Kentucky Career Center where job related services can be accessed for job, better job, career advancement.	Northern Kentucky Office of Drug Control Policy, Workforce Investment Board, Brighton Center
	completion of transportation plan	2. Perform an assessment of transportation needs for access to recovery and aftercare and convene partners for purposes of developing a plan for addressing the need.	Northern Kentucky Office of Drug Control Policy, NKY ASAP Treatment Providers Collaborative
	Resource guide complete	3. Convene re-entry partners to create re-entry resource guide.	Northern Kentucky Office of Drug Control Policy, NKY Reentry Council, St. Elizabeth Healthcare
	financial resources secured	4. Secure financial resources to expand NKY Hates Heroin resource guides; completed but not needed.	Northern Kentucky Office of Drug Control Policy
	website completed	5. Create website for centralization of information, data and resources.	Northern Kentucky Office of Drug Control Policy
	# of resource guides distributed	6. Organize and coordinate faith communities' support service offerings by developing a faith-based resource guide.	Life Recovery Center NKY Baptist Association Catholic Charities
	# of second chance employers in NKY	7. Increase the # of "second chance" employers with onsite support groups in NKY.	Northern Kentucky Investment Board Northern Kentucky Chamber of Commerce Northern Kentucky Office of Drug Control Policy
	Tool-Kit developed	9. Convene business and employer partners for purposes of education of Employer Tool-Kit with assessments and best practices around HR policies.	Northern Kentucky Office of Drug Control Policy, Workforce Investment Board, Kentucky Chamber
	# of Toolkits distributed		
	# of convenings		
4. Establish a NKY Recovery Community Center or Network to assist people in remission and their families with support services (e.g. food, shelter, clothing, childcare, transportation, family reunification, faith-based services, support groups, etc.).	# of clients using the Recovery Community Center/Network	1. Establish and promote a central "hub" where all re-entry/remission services can be accessed and after-care coordination occurs, based on HUB or Johns Hopkins care coordination model.	The Pier: NorthKey, Mental Health America & NAMI, Life Learning Center

	# of MAT friendly support groups	2. Educate support groups about the importance of MAT in long-term management of substance use disorders.	MHA, Recovery Community Centers
	# of transitional housing slots (total and available)	3. Convene recovery housing partners for purposes of expanding appropriate transitional housing opportunities in NKY and developing workforce hybrid establishing appropriate benchmark and best practices. Establish Transitional Housing Consortium.	Northern Kentucky office of Drug Control Policy
			NKY ASAP NKY Treatment Providers Collaborative
			Transitional Housing Partners TBD
			Welcome House, ER Shelter of NKY, Fair Haven, Family Promise and community housing partners
4. Engage law enforcement and criminal justice system as partners.	# of convenings or trainings	1. Convene criminal justice partners for purposes of education of treatment resources, including MAT, Casey's Law and diversion options.	Northern Kentucky Office of Drug Control Policy
	Develop oversight committee and best practice standards	2. Meet with regional partners judicial branch for purposes of creating a judicial oversight committee to set best practice standards.	Treatment Providers TBD
5. Establish Northern Kentucky Recovery Advisory Council.	Council established and # of meetings held	1. Convene individuals in recovery as partners in response for development of theory-informed strategies.	Northern Kentucky Office of Drug Control Policy, Recovery Community Centers

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